

**GRAMPIAN ATHLETICS LEAGUE**

**MEETING 1**

**ABERDEEN**

Sunday 1st May 2016

TRACK

FIELD

12.00	400mH	Men
	400mH	U17 Men
	400mH	Women
	300mH	U17 Women
12.30	80m	U11 Girls
	80m	U11 Boys
	100m	U13 Girls
	100m	U13 Boys
	100m	U15 Girls
	100m	U15 Boys
1.15	800m	U13 Girls
	800m	U13 Boys
	800m	U15 Girls
	800m	U15 Boys
	800m	U17 Women
	800m	Women
	800m	U17 Men
	800m	Men
	600m	U11 Girls
	600m	U11 Boys
2.30	200m	U13 Girls
	200m	U15 Girls
	200m	U17 Women
	200m	Women
	200m	U13 Boys
	200m	U15 Boys
	200m	U17 Men
	200m	Men
4.00	4 x 100m	U11 Boys
	4 x 100m	U11 Girls
	4 x 200m	U13 Girls
	4 x 200m	U13 Boys
	4 x 200m	U15 Girls
	4 x 200m	U17 Women
	4 x 200m	Women
	4 x 200m	U15 Boys
	4 x 200m	U17 Men
	4 x 200m	Men

12.00	Javelin	U11 Girls
	Shot Putt	U13 Girls
	High Jump	U15 Girls
	Long Jump	U13 Boys
1.00	Javelin	U17 W & SW
	Shot Putt	U17 Men
	High Jump	U15 Boys
	Long Jump	Men
2.00	Discus	U15 Girls
	Shot Putt	U11 Boys
	High Jump	U11 Girls
	Long Jump	U13 Girls
3.00	Discus	U15 Boys
	Shot Putt	U13 Boys
	*Long Jump	U17 Women
	*Long Jump	Women
	<b>*2 pits may be required</b>	
4.00	Discus	Men
	High Jump	U17 Boys
	Long Jump	U11 Boys

Note: Age groups Order of running in the relay races may depend on how the field competitions are running

## GRAMPIAN ATHLETICS LEAGUE

### MEETING 2

### DUNDEE

Sunday 29th May 2016

#### TRACK

(\*2 Long Jump pits may be required at the same time)

12.00	80m	U11 Girls
	80m	U11 Boys
	100m	U13 Girls
	100m	U15 Girls
	100m	U17 Women
	100m	Women
	100m	U13 Boys
	100m	U15 Boys
	100m	U17 Men
	100m	Men

1.15	800m	U11 Girls
	800m	U11 Boys
	800m	U17 Women
	800m	Women
	800m	U17 Men
	800m	Men
	1200m	U13 Girls
	1200m	U13 Boys
	1500m	U15 Girls
	1500m	U15 Boys

2.45	200m	U13 Girls
	200m	U15 Girls
	200m	U17 Women
	200m	Women
	200m	U13 Boys
	200m	U15 Boys
	200m	U17 Men
	200m	Men

4.00	4 x 100m	U11 Girls
	4 x 100m	U11 Boys
	4 x 100m	U15 Girls
	4 x 100m	U13 Boys
	4 x 100m	U13 Girls
	4 x 100m	U15 Boys
	4 x 100m	U17 Women
	4 x 100m	U17 Men
	4 x 100m	Women
	4 x 100m	Men

#### FIELD

11.45	**Discus	Women
12.00	Shot Putt	U17 Women
	*Long Jump	U13 Boys
	*Triple Jump	U17 Men
	<b>**Start after Women Discus finished</b>	
	** Discus	U15 Boys

1.00	Javelin	U11 Girls
	Shot Putt	U13 Girls
	High Jump	Men
	Long Jump	U15 Girls

2.00	Discus	U17 Men
	Shot Putt	U11 Boys
	High Jump	U15 Boys
	Triple Jump	Women

3.00	Javelin	U13 Boys
	Shot Putt	Men
	High Jump	U13 Girls
	Long Jump	U11 Girls

4.00	Discus	U15 Girls
	High Jump	U17 Women
	Long Jump	U11 Boys

Note: Age groups Order of running in the relay races may depend on how the field competitions are running

# GRAMPIAN ATHLETICS LEAGUE

## MEETING 3

## PERTH

Sunday 26th June 2016

### TRACK

12.00	100m	U11 Girls
	100m	U13 Girls
	100m	U15 Girls
	100m	U17 Women
	100m	Women
	100m	U11 Boys
	100m	U13 Boys
	100m	U15 Boys
	100m	U17 Men
	100m	Men
1.00	600m	U11 Girls
	600m	U11 Boys
	1500m	U17 Women
	1500m	Women
	1500m	U17 Men
	1500m	Men
	800m	U13 Girls
	800m	U15 Girls
	800m	U13 Boys
	800m	U15 Boys
2.30	400m	Women
	400m	U17 Men
	400m	Men
	300m	U17 Women
	300m	U15 Boys
	200m	U13 Girls
	200m	U13 Boys
	200m	U15 Girls
4.15	4 x 100m	U11 Boys
	4 x 100m	U13 Boys
	4 x 100m	U15 Boys
	4 x 100m	U17 Men
	4 x 100m	Men
	4 x 100m	U11 Girls
	4 x 100m	U13 Girls
	4 x 100m	U15 Girls
	4 x 100m	U17 Women
	4 x 100m	Women

### FIELD

12.00	Hammer	U17M & Men
	Shot Putt	U11 Girls
	High Jump	U15 Girls
	Long Jump	U15 Boys
1.00	Discus	U17 Women
	Shot Putt	Women
	High Jump	U13 Boys
	Long Jump	U13 Girls
2.00	Javelin	U15 Boys
	Shot Putt	U11 Boys
	High Jump	U11 Girls
	Long Jump	U17 Men
3.00	Javelin	U15 Girls
	Shot Putt	U13 Boys
	High Jump	Women
	Triple Jump	U17 Women
4.00	Javelin	U13 Girls
	High Jump	U11 Boys
	Triple Jump	Men

Note: Age groups Order of running in the relay races may depend on how the field competitions are running



## GRAMPIAN ATHLETICS LEAGUE

### FINAL

### INVERNESS

Sunday 11th September 2016

<u>TRACK</u>			<u>FIELD</u>		
12.00	100m	U13 Girls	12.00	Javelin	U15 Girls
	100m	U13 Boys		Shot Putt	Women
	100m	U15 Girls		High Jump	U11 Girls
	300m	U15 Boys		Long Jump	U13 Girls
	300m	U17 Women			
	400m	U17 Men			
	400m	Women			
	400m	Men	1.00	Javelin	U15 Boys
				Shot Putt	U11 Boys
1.00	800m	U13 Girls		High Jump	U17 Men
	800m	U13 Boys		Triple Jump	Men
	800m	U15 Girls			
	800m	U15 Boys			
	600m	U11 Boys			
	600m	U12 Girls	1.50	Discus	U13 Girls
	1500m	U17 Women		Shot Putt	U17 Women
	1500m	U17 Men		High Jump	U13 Boys
	1500m	Women		Long Jump	U15 Girls
	1500m	Men			
2.30	200m	U11 Boys			
	200m	U11 Girls	2.50	Discus	Men
	200m	U13 Girls		Shot Putt	U11 Girls
	200m	U13 Boys		* Long Jump	Women
	200m	U15 Girls		* Long Jump	U15 Boys
	200m	U15 Boys		*2 pits required	
	200m	U17 Women			
	200m	U17 Men			
	200m	Women	3.50	Javelin	U17 Men
	200m	Men		Shot Putt	U13 Boys
				Long Jump	U17 women
				High Jump	U11 Boys
3.45	4 x 100m	U11 Boys			
	4 x 100m	U11 Girls			
	4 x 100m	U13 Girls			
	4 x 100m	U13 Boys			
	4 x 100m	U15 Girls			
	4 x 100m	U15 Boys			
	4 x 100m	U17 Women			
	4 x 100m	U17 Men			
	4 x 100m	Women			
	4 x 100m	Men			

Note: Age groups Order of running in the relay races may depend on how the field competitions are running

**PRESENTATIONS WILL BE HELD AT APPROX 5.00pm**