

FEMALE CLUB RECORDS up to 30 September 2023

(i)= indoor record, only noted when better than outdoor or where no outdoor record exists

U11 GIRLS

EVENT	NAME	RECORD	DATE	PLACE
60m	Kathryn Christie	9.1	2004	
75m	Alisha Rees	10.65	27/06/2009	Inverness
80m	Louise Carmichael	12.2	2012	
100m =	Lisa Herrington	14.0	1981	
100m =	Jennifer Reid	14.0	1988	
150m	Alisha Rees	21.31	13/09/2009	Pitreavie
200m	Alisha Rees	29.78	02/09/2009	Grangemouth
400m	Lisa Herrington	72.1	1981	
600m	Anna Pyper	1.56.6	2011	
800m	Kathryn Christie	2.40.3	2005	
High Jump	Ellie Workman	1.40m	2003	
Long Jump	Jennifer Reid	4.08m	1988	
Triple Jump	Zoe Davidson	8.36m	1996	
Javelin	Ellie Workman	18.45m	2003	
Discus	Shareen Reid	17.76m	1995	
Shot 2.72k	Sarah Thompson	6.39m	2001	

U13 GIRLS

EVENT	NAME	RECORD	DATE	PLACE
60m (i)	Alisha Rees	8.53	06/03/2014	KH-Glasgow
75m	Kelsey Stewart	10.54	24/05/2009	Inverness
80m =	Frances Sealy	12.0	19/08/2012	Caird Park-Dundee
80m =	Louise Carmichael	12.0	30/06/2013	CAS-Aberdeen
100m =	Catherine Cooke	13.1	1982	
100m =	Lisa Herrington	13.1	1983	
150m =	Kelsey Stewart	20.6	03/05/2009	Caird Park-Dundee
150m =	Alisha Rees	20.6	26/06/2011	CAS-Aberdeen
200m	Alisha Rees	27.18	16/07/2011	Scotstoun-Glasgow
400m	Rachel Spencer	66.1	1998	
600m	Frances Sealy	1.55.9	19/08/2012	Caird Park-Dundee
800m	Kelsey Stewart	2.22.1	05/07/2009	Caird Park-Dundee
1200m	Millie McClelland-Brooks	4.02.13	19/05/2019	Inverness
1500m	Millie McClelland-Brooks	5.03.53	11/08/2019	Grangemouth
60mH (i)	Shareen Reid	10.87	1997	
70mH	Ella Creamer	11.94	19/08/2017	Scotstoun-Glasgow
High Jump	Ellie Workman	1.48m	30/05/2004	Pitreavie
Long Jump	Louise Carmichael	4.72m	29/06/2014	CAS-Aberdeen
Triple Jump	Daisy Higginson	10.13m	17/08/2000	Banchory
Javelin 400g	Ellie Workman	28.47m	20/08/2005	Grangemouth
Discus 0.75k	Jennifer Reid	23.50m	1990	
Shot 2.72k	Jennifer Reid	8.27m		
Pentathlon (In)	Ellie Workman	2269pt	13/02/2005	KH-Glasgow
Pentathlon (Out)	Ellie Workman	2150pts	29/05/2005	CAS-Aberdeen

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U15 GIRLS

EVENT	NAME	RECORD	DATE	PLACE
60m (i)	Alisha Rees	8.0	06/12/2012	Aberdeen Sports Village
100m	Alisha Rees	11.92	31/08/2013	Bedford
200m	Alisha Rees	24.64	01/09/2013	Bedford
300m	Charlotte D'Arcy	42.5	25/07/2021	Elgin
400m	Emma Cloggie	59.6	11/09/2002	CAS-Aberdeen
800m (i)	Emma Cloggie	2.17.6	24/02/2002	Birmingham
800m	Emma Cloggie	2.18.51	22/06/2002	Grangemouth
1500m (i)	Millie McClelland-Brooks	4.55.20	05/02/2020	EA-Glasgow
1500m	Millie McClelland-Brooks	4.56.65	01/08/2021	Aberdeen Sports Village
60mH (i)	Georgia Summers	9.62	03/03/2013	EA-Glasgow
75mH	Cara Davie	11.85	23/06/2019	Aberdeen Sports Village
300mH	Ella Creamer	50.61	15/05/2019	Aberdeen Sports Village
High Jump (i)	Ellie Workman	1.68m	07/03/2007	Sportscity-Manchester
High Jump	Ellie Workman	1.64m	02/09/2007	Caird Park-Dundee
Long Jump	Rachel Spencer	5.18m	09/07/2000	Inverness
Triple Jump	Ella Creamer	10.23m	03/09/2019	Banchory
Pole Vault (i)	Rosie Meyer	2.41m	01/03/2020	EA-Glasgow
Javelin 500g	Rosie Meyer	28.25m	13/09/2020	Meadowmill-Lothian
Discus 1k	Daisy Higginson	26.74m	12/08/2001	Grangemouth
Shot 3k	Cara Davie	9.17m	10/08/2019	Grangemouth
Hammer 3k	Elizabeth Cook	18.02m	23/04/2023	Dundee
Pentathlon (In)	Ellie Workman	3191pts	17/03/2007	Sportscity-Manchester
Pentathlon (Out)	Ellie Workman	3047pts	02/06/2007	Grangemouth

U17 WOMEN

EVENT	NAME	RECORD	DATE	PLACE
60m (i)	Alisha Rees	7.61	01/02/2015	EA-Glasgow
100m	Alisha Rees	11.55	23/08/2014	Aberdeen Sports Village
200m	Alisha Rees	23.61	09/09/2015	Samoa
300m	Kelsey Stewart	38.66	20/07/2013	Dublin-Ireland
400m	Kelsey Stewart	55.1	03/08/2013	Colwyn Bay-Wales
800m	Kelsey Stewart	2.13.29	01/06/2013	Sportscity-Manchester
1500m	Briony Curtis	4.47.77	25/06/2000	Grangemouth
1500m S/C	Emma Swanson	6.24.9	21/08/2019	Aberdeen Sports Village
3000m Track	Briony Curtis	10.25.26	15/07/2000	Blackpool
5000m Road	Rhona Auckland	19.01	25/04/2009	Balmoral
60mH (i)	Ella Creamer	9.27	26/01/2020	EA-Glasgow
80mH	Cara Davie	11.85	23/06/2019	Aberdeen Sports Village
300mH	Ella Creamer	47.83	22/08/2021	Grangemouth
High Jump (i)	Ellie Workman	1.71m	05/02/2009	KH-Glasgow
High Jump =	Catherine Smy	1.70m	01/06/2003	Caird Park-Dundee
High Jump =	Claire McGarvey	1.70m	07/05/2017	Perth
Long Jump	Ellie Workman	5.47m	13/06/2009	Grangemouth
Triple Jump	Catherine Smy	11.13m	31/08/2002	Banchory
Pole Vault (i)	Rosie Meyer	2.60m	09/02/2022	EA-Glasgow
Pole Vault	Rosie Meyer	2.50m	28/09/2021	Aberdeen Sports Village
Javelin 600g	Rosie Meyer	30.67m	28/08/2021	Aberdeen Sports Village
Javelin 500g	Abbie Crawford	31.42	26/09/2021	Inverness
Discus 1k	Daisy Higginson	25.53m	26/05/2002	Caird Park-Dundee
Shot 3k (i)	Rosie Meyer	9.53m	16/09/2022	Aberdeen Sports Village
Shot 3k	Cara Davie	9.46m	26/06/2021	Caird Park-Dundee
Hammer 4k	Kylie Davidson	22.70m	11/06/2004	Grangemouth
Hammer 3k	Kate Samuel	21.05m	08/06/2014	Caird Park-Dundee
Pentathlon (In)	Ellie Workman	3337pts	22/02/2009	KH-Glasgow
Pentathlon (Out)	Catherine Smy	3164 pts	31/08/2003	Caird Park-Dundee
Heptathlon (Out)	Ellie Workman	4390 pts	16/08/2009	Alexander Stad-Birmingham
Discontinued weight records				
U15G Shot 3.25k	Ellie Workman	10.02m	15/07/2007	Grangemouth
Javelin 600g	Ellie Workman	28.35m	21/07/2007	Newport-Wales
U17W Shot 4k	Jennifer Reid	9.86m	1994	

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U20 WOMEN

EVENT	NAME	RECORD	DATE	PLACE
60m (i)	Alisha Rees	7.43	25/02/2017	Sheffield
100m	Alisha Rees	11.59	02/06/2018	Eton
200m	Alisha Rees	23.12	03/06/2017	Eton
400m	Kelsey Stewart	54.41	17/04/2016	Grangemouth
800m	Kelsey Stewart	2.07.28	23/07/2016	Oxford
1500m	Rhona Auckland	4.39.54	20/05/2012	Meadowbank-Edinburgh
1500m S/C	Eve Sealy	6.11.21	20/08/2016	Grangemouth
200m S/C				
3000m S/C	Eve Sealy	13.35.58	02/04/2016	Aberdeen Sports Village
3000m Track	Rhona Auckland	9.29.28	07/07/2012	Stretford
5000m Track	Rhona Auckland	16.57.30	02/06/2012	Scotstoun-Glasgow
10000m Track	Rhona Auckland	34.53.24	06/05/2012	Olympic Park-London
5000m Road	Rhona Auckland	17.16.0	28/04/2012	Balmoral
10000m Road	Rhona Auckland	34.33.0	30/09/2012	Inverness
Half Marathon				
Marathon				
60mH (i)	Ellie Workman	9.61	14/02/2010	KH-Glasgow
100mH	Ellie Workman	16.75	10/07/2010	Kilmarnock
400mH	Eve Sealy	78.9	17/05/2015	Perth
High Jump	Claire McGarvey	1.74m	11/05/2019	Grangemouth
Long Jump	Catherine Smy	5.31m	06/06/2004	Caird Park-Dundee
Triple Jump (i)	Zoe Davidson	10.91m	02/03/2003	KH-Glasgow
Triple Jump	Abbie Crawford	10.71m	29/08/2021	Aberdeen Sports Village
Javelin – 600g	Rosie Meyer	30.67m	28/08/2021	Aberdeen Sports Village
Discus – 1k				
Shot 4k	Ellie Workman	9.33m	10/07/2010	Pitreavie
Hammer 4k	Kylie Davidson	23.90m	15/05/2005	Scotstoun-Glasgow
Pentathlon (In)	Ellie Workman	3159pts	09/01/2011	Sheffield
Heptathlon	Ellie Workman	3824pts	11/07/2010	Pitreavie

SENIOR WOMEN

EVENT	NAME	RECORD	DATE	PLACE
60m (i)	Alisha Rees	7.27	08/01/2023	Lee Valley
100m	Alisha Rees	11.29	25/06/2022	Manchester
200m	Alisha Rees	22.98	20/08/2022	Kettering
400m	Kelsey Stewart	53.63	18/06/2017	Bedford
800m	Kelsey Stewart	2.06.41	18/08/2018	Stretford-Manchester
1500m	Rhona Auckland	4.31.96	20/04/2014	CAS-Aberdeen
3000m S/C				
3000m Track	Rhona Auckland	9.18.3	27/07/2015	Olympic Park-London
5000m Track	Rhona Auckland	15.17.6	27/07/2015	Olympic Park-London
10000m Track	Rhona Auckland	32.22.79	10/07/2015	Tallinn-Estonia
5000m Road	Rhona Auckland	15.54.00	26/04/2014	Balmoral
10000m Road	Rhona Auckland	33.03.00	16/11/2014	Leeds
Half Marathon	Rhona Auckland	1.26.44	19/05/2019	Hackney
Marathon	Rhona Auckland	3.30.28	02/04/2023	Paris, France
60mH (i)				
100mH				
400mH				
High Jump (i)	Claire McGarvey	1.78m	08/01/2022	EA-Glasgow
High Jump	Claire McGarvey	1.75m	23/04/2022	Grangemouth
Long Jump	Catherine Smy	5.02m	06/08/2006	Caird Park-Dundee
Triple Jump				
Javelin 600g	Donna Dey	33.58m	1996	
Shot 4k				
Hammer 4k				
Pentathlon				
Heptathlon				

U20 and Senior Records split in 2021