

THROWS TROPHY: Rosie Meyer

Best Male or Female athlete showing particular promise in any throwing event.

SPRINTS TROPHY: Craig Strachan

Best Male or Female athlete showing particular promise in any sprint event.

CROSS COUNTRY TROPHY: Clare Stewart

Best Male or Female athlete showing particular promise in any cross-country event.

BALLANTYNE CUPS: Claire McGarvey & Tom Leeson

For clubmanship, male and female not already holding a major trophy.

BEST TEAM MEDAL: U15G Team RAM League

Ella Creamer, Cara Davie, Abbie Crawford, Freya Stevenson, Emma Swanson, Sadhbh Goodin, Izzy Thomson, Anna Birch, Izzy Parnaby

ROYAL BANK CUP: Craig Strachan

For the male athlete who, in the opinion of the committee has shown the most outstanding performance or achievement during the season.

JUMPS TROPHY: Ralph Silcock

Best Male or Female athlete showing particular promise in any jumping event.

ENDURANCE TROPHY: Emma Swanson

Best Male or Female athlete showing particular promise in any endurance event.

MULTI EVENTS TROPHY: Cara Davie

Best Male or Female athlete showing particular promise in any multi event.

COACHES GLASS: Claire Creamer**VETERANS CUP: Andrew Ferguson****SUN ALLIANCE CUP: Maddy Silcock**

For the female athlete who, in the opinion of the committee has shown the most outstanding performance or achievement during the season.

GORDON LOWE MEMORIAL CUP: Kane Noble

For the athlete who, in the in the opinion of the committee is the most improved or committed middle distance runner of the season. (800m,1500m).