

Time			Time		
11:30	U17 M	100m H	11:30	U13 B	Long Jump
11:40	U15 B	80m H		U15 B	High Jump
11:50	U17 W	80m H		U13 G	Javelin
12:00	U13 B	75m H		U15G	Shot
12:05	U15 G	75m H			
12:15	U13 G	70m H			
12:25	U13 G	150m			
12:35	U13 B	200m			
12:40	U15 G	200m	12:30	U15 B	Javelin
12:45	U15 B	200m		U13 G	Long Jump
12:50	U17 W	200m		U15/U17 G	Pole Vault - A only (2)
12:55	U17 M	200m		U17M	Shot
13:00	U13 G	800m			
13:10	U13 B	800m	12:45	U13 B	High Jump
13:20	U15 G	800m			
13:30	U15 B	800m	13:15	U15 B	Shot
13:40	U17 W	800m			
13:50	U17 M	800m	13:30	U15 G	Long Jump
14:00	U13 G	75m		U15 G	Javelin
14:05	U13 B	100m	14:00	U15 G	High Jump
14:10	U15G	100m			
14:15	U15 B	100m	14.15	U13 G	Shot
14:20	U17 W	100m			
14:25	U17 M	100m	14.3	U17 M	Long Jump (2)
14:30	U13 G	1200m		U15 B	Discus
14:40	U15 G	300m			
14:50	U15 B	300m			
15:00	U13 B	1500m	15:00	U17 W	Shot
15:10	U15 G	1500m		U15 B	Long Jump
15:20	U15 B	1500m			
15:30	U17 W	1500m	15:15	U15 G	Discus
15:40	U17 M	1500m		U13 G	High Jump
			15:45	U13 B	Shot
15:50	U13 G	4 x 100m Relay			
15:55	U13 B	4 x 100m Relay			
16:00	U17 M	4 x 100m Relay			
16:05	U17 W	4 x 100m Relay			
16:10	U15 G	4 x 300m Relay (Match 2 only)			
16:15	U15 B	4 x 300m Relay (Match 2 only)			

- (1) = event will take place in first meeting on 24 April
(2) = event will take place in second meeting on 22 May
(3) = event will take place in third meeting on 19 June

FIELD EVENTS – 3 Trials per athlete except vertical jumps.